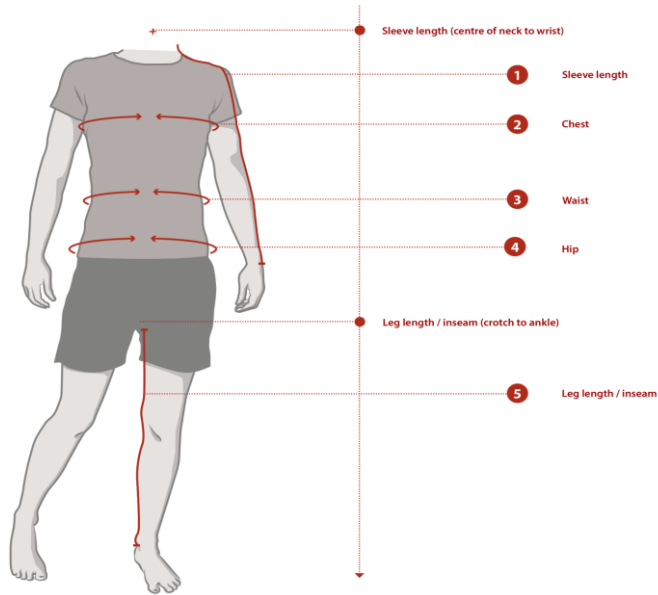


Men's Clothing

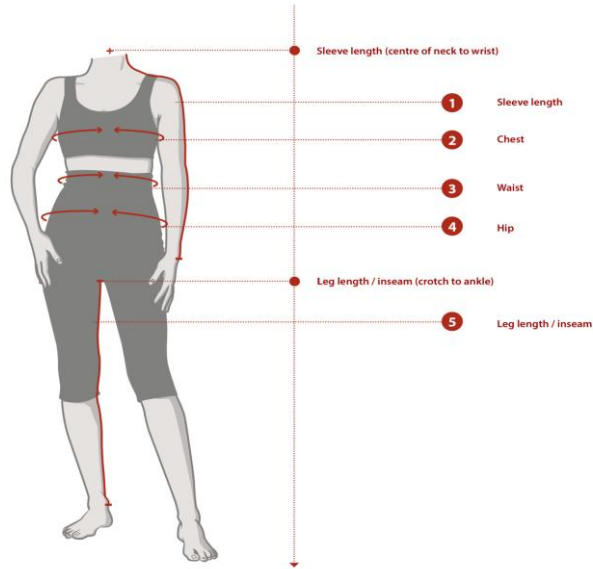
	<b>XS</b> cm	<b>S</b> cm	<b>M</b> cm	<b>L</b> cm	<b>XL</b> cm	<b>XXL</b> cm	<b>3XL</b> cm
<b>Chest</b>	91-94	95-98	99-102	103-106	107-110	111-114	115-118
<b>Waist</b>	82-85	86-89	90-93	94-97	98-101	102-105	106-109
<b>Hip</b>	82-95	96-99	100-103	104-107	108-111	112-115	116-119



- 1 Sleeve Length:** With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.
- 2 Chest:** Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
- 3 Waist:** Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.
- 4 Hip:** Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.
- 5 Inseam:** Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.

## Women's Clothing

	34	36	38	40	42	44	46
	cm	cm	cm	cm	cm	cm	cm
<b>Chest</b>	81-84	85-88	89-92	93-96	97-100	101-104	105-108
<b>Waist</b>	64-67	68-71	72-75	76-79	80-83	84-87	88-91
<b>Hip</b>	90-92	93-95	96-98	99-101	102-104	105-107	108-110



### 1 Sleeve Length:

With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.

### 2 Chest:

Measure the chest circumference at the fullest point keeping the tape horizontal around the body.

### 3 Waist:

Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.

### 4 Hip:

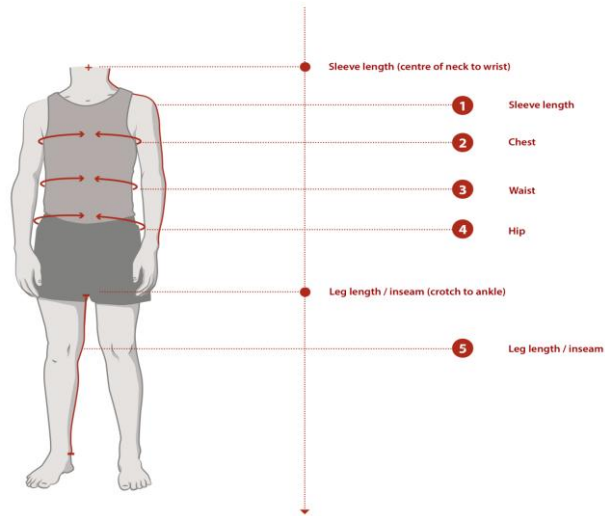
Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.

### 5 Inseam:

Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.

## Kid's Clothing

	104	116	128	140	152	164	176
	cm	cm	cm	cm	cm	cm	cm
<b>Age</b>	2-3 Years	4-5 Years	6-7 Years	8-9 Years	10-11 Years	12-13 Years	14-15 Years
<b>Height</b>	104	116	128	140	152	164	176
<b>Chest</b>	54-57	57-60	62-65	68-71	74-77	80-83	86-89
<b>Waist</b>	52-54	54-56	57-59	60-62	63-65	66-68	69-71
<b>Hip</b>	57-60	61-64	67-70	73-76	80-83	87-90	94-97



### 1 Sleeve Length:

With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.

### 2 Chest:

Measure the chest circumference at the fullest point keeping the tape horizontal around the body.

### 3 Waist:

Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.

### 4 Hip:

Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.

### 5 Inseam:

Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.