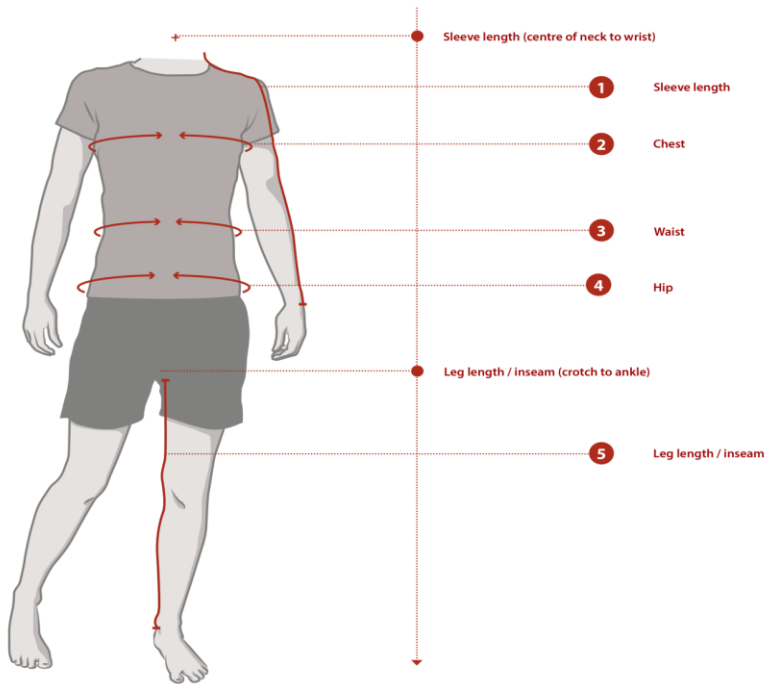


Men's Clothing

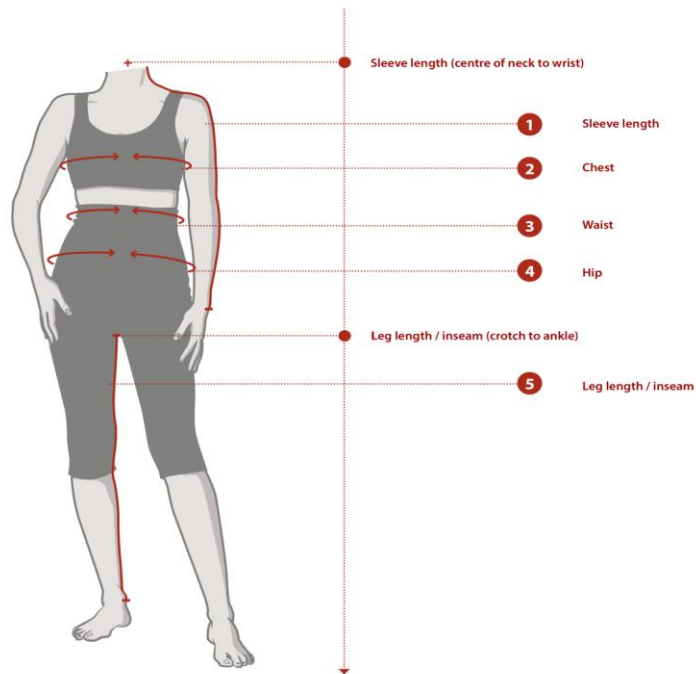
	XS	S	M	L	XL	XXL	XXXL
	cm	cm	cm	cm	cm	cm	cm
Height	163-171	168-176	173-181	178-186	183-189	186-192	189-195
Chest	86-91	91-97	97-104	104-111	111-118	118-126	126-134
Waist	73-78	78-84	84-91	91-99	99-108	108-117	117-126
Hip	86-91	91-97	97-104	104-111	111-117	117-123	123-129
Inseam	75-79	78-82	81-85	84-88	87-90	89-92	91-93



- 1 Sleeve length:** With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.
- 2 Chest:** Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
- 3 Waist:** Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.
- 4 Hip:** Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.
- 5 Inseam:** Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.

Women's Clothing

	XS	S	M	L	XL	XXL
	cm	cm	cm	cm	cm	cm
Height	157-164	161-168	165-172	169-176	173-178	175-180
Chest	78-84	84-91	91-98	98-107	107-117	117-128
Waist	62-68	68-75	75-82	82-91	91-103	103-116
Hip	90-95	95-100	100-107	107-114	114-123	123-133
Inseam	74-77	76-79	78-81	80-83	82-84	83-85



1 Sleeve length:

With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.

2 Chest:

Measure the chest circumference at the fullest point keeping the tape horizontal around the body.

3 Waist:

Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.

4 Hip:

Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.

5 Inseam:

Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.